



## WEIGHT LOSS PROGRAM MEDICAL QUESTIONNAIRE

PATIENT NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_ SEX: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

HOME PHONE: (\_\_\_\_\_) \_\_\_\_\_ CELL PHONE: (\_\_\_\_\_) \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_

**MEDICAL ALLERGIES:** (LIST & STATE REACTION)

**SOCIAL HISTORY:**(CHECK OFF) TOBACCO? ☐ CIGARETTES/CIGARS ☐ CHEW ☐ PIPE ☐ VAPE ☐ QUIT  
(DATE): \_\_\_\_\_ **CAFFEINE?** ☐ NEVER ☐ COFFEE/TEA/SODA

**CURRENT MEDICATIONS/SUPPLEMENTS:** (LIST NAMES & DOSAGES):

**ALCOHOL USE?** ☐ NEVER ☐ RARELY ☐ SOCIAL ☐ DAILY

**MARIJUANA (OF ANY KIND) RECREATIONAL/MEDICAL DRUGS?** ☐ YES ☐ NO ☐

**YOUR MEDICAL HISTORY:** (MARK ALL THAT APPLY)

<input type="checkbox"/> OBESITY	<input type="checkbox"/> THYROID DISEASE	<input type="checkbox"/> MEDULLARY THYROID CANCER	<input type="checkbox"/> MULTIPLE ENDOCRINE NEOPLASIA 2
<input type="checkbox"/> PANCREAS CONDITION	<input type="checkbox"/> KIDNEY CONDITION	<input type="checkbox"/> DIABETIC RETINOPATHY	<input type="checkbox"/> TYPE 1 DIABETES
<input type="checkbox"/> LIVER DISEASE	<input type="checkbox"/> HEART DISEASE	<input type="checkbox"/> LUNG DISEASE	<input type="checkbox"/> KIDNEY DISEASE
<input type="checkbox"/> THYROID DISEASE	<input type="checkbox"/> BONE/JOINT DISEASE	<input type="checkbox"/> HIGH BLOOD PRESSURE	<input type="checkbox"/> LOW BLOOD PRESSURE
<input type="checkbox"/> HEART ATTACK	<input type="checkbox"/> ASTHMA	<input type="checkbox"/> DIABETES	<input type="checkbox"/> ARTHRITIS
<input type="checkbox"/> BRUISE/BLEED EASILY	<input type="checkbox"/> STROKE	<input type="checkbox"/> ANEMIA	<input type="checkbox"/> EPILEPSY

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DDS MD FACS

<input type="checkbox"/> IMMUNE DEFICIENCY	<input type="checkbox"/> RHEUMATISM	<input type="checkbox"/> SCARLET FEVER	<input type="checkbox"/> HAY FEVER
<input type="checkbox"/> HEADACHES	<input type="checkbox"/> GLAUCOMA	<input type="checkbox"/> COLD SORES	<input type="checkbox"/> HERPES
<input type="checkbox"/> SKIN RASHES	<input type="checkbox"/> DEPRESSION	<input type="checkbox"/> ALCOHOLISM	<input type="checkbox"/> HIV
<input type="checkbox"/> HEPATITIS A, B	<input type="checkbox"/> HEPATITIS	<input type="checkbox"/> ABDOMINAL BLEEDING	<input type="checkbox"/> BRUISE EASILY
<input type="checkbox"/> HEART MURMUR	<input type="checkbox"/> KELOIDS	<input type="checkbox"/> TUBERCULOSIS	<input type="checkbox"/> AUTOIMMUNE DISORDERS
<input type="checkbox"/> PSYCHIATRIC CONDITION	<input type="checkbox"/> CANCER (TYPE): _____	<input type="checkbox"/> DOES NOT APPLY	
<input type="checkbox"/> OTHER (LIST):			

**FAMILY MEDICAL HISTORY (OF ANY CONDITIONS LISTED ABOVE):**

IF YES, PLEASE LIST RELATIONSHIP & CONDITION:

**PATIENT IMPLANT / DEVICE HISTORY (CHECK ALL THAT APPLY):**

☐ PACEMAKER ☐ BREAST IMPLANTS ☐ OTHER IMPLANTS ☐ TISSUE EXTENDER ☐ JOINT OR REPLACEMENT IMPLANT ☐ OTHER: \_\_\_\_\_

**WOMEN'S HEALTH HISTORY:**

PREGNANCIES: \_\_\_\_\_ DELIVERIES: \_\_\_\_\_ DATE OF LAST MAMMOGRAM: \_\_\_\_\_ RESULTS: \_\_\_\_\_

DO YOU PLAN ON HAVING ANY MORE CHILDREN? ☐ YES ☐ NO

**SURGICAL & COSMETIC HISTORY: LIST ANY PREVIOUS SURGERIES WITH YEAR:**

Do you or an immediate family member have any of the following (Yes or No):

\_\_\_\_\_ MTC or MEN 2

\_\_\_\_\_ Allergic to Semaglutide or any of the ingredients in Semaglutide or Tirzepatide.

\_\_\_\_\_ Have or have had problems with your pancreas or kidneys.

\_\_\_\_\_ Have a history of diabetic retinopathy.

\_\_\_\_\_ Pregnant or breastfeeding or plan to become pregnant or breastfeed in the next 3-4 months

List ALL medications and dosages you currently use:

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List ALL vitamins you currently use:

WHAT ARE THE POSSIBLE SIDE EFFECTS OF SEMAGLUTIDE/ TIRZEPATIDE?

Semaglutide or Tirzepatide may cause serious side effects, including:

- Inflammation of your pancreas (pancreatitis). Stop using Semaglutide or Tirzepatide and call your health care provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.
- Changes in vision. Tell your health care provider if you have changes in vision during treatment with Semaglutide or Tirzepatide.
- Low blood sugar (hypoglycemia). Your risk for getting low blood sugar may be higher if you use Semaglutide with another medicine that can cause low blood sugar, such as sulfonylurea or insulin. Signs and symptoms of low blood sugar may include: dizziness or Light headedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, and feeling jittery.
- Kidney problems (kidney failure). In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse. It is important for you to drink fluids to help reduce your chance of dehydration.
- Serious allergic reactions. Stop using Semaglutide or Tirzepatide and get medical help right away if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat.
- Gallbladder problems. Gallbladder problems have happened in some people who take Semaglutide or Tirzepatide. Tell your healthcare provider right away if you get symptoms which may include pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools.
- The most common side effects of Semaglutide may include nausea, vomiting, diarrhea, stomach (abdominal) pain, and constipation.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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